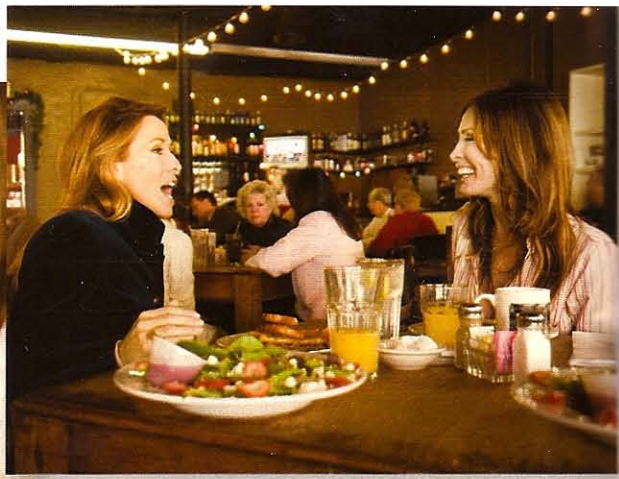




As featured in Glamour Magazine

glamour buzz ● lunch date



Sheryl's favorite lunch spot

# Smart, sexy, single Sheryl!

Carole Radziwill caught up with Sheryl Crow to talk about her music, her baby—and her happy, *healthy* life.

**CAROLE RADZIWILL:** You're a rock star, a new mom, you have a new album and you're newly single. That's a lot of newness!

**SHERYL CROW:** Are you saying I'm an old rock star?

**CR:** No! [Laughs.]

**SC:** I'm 46, but I'm still young at heart. [As for dating,] it's difficult to find men who want to grow old with a woman their age. It's not like they're thinking, You're too old for me. It's more like, Ten years from now you'll be too old.

**CR:** But there is something very sexy about a young man dating older women.

**SC:** I love it. It's so rare, though. But I do end up dating younger men.

**CR:** You're in your forties with the body of a teenager!

**SC:** Well, I meditate and I run. I do it for my mind.

**CR:** Do you overanalyze?

**SC:** I've had the illusion that I control everything in my life: If you work hard, you'll get what you want; if you're "physically fit," nothing bad will happen. You think, *I'm* not the one who gets cancer.

**CR:** Was that a life-changing event? [Sheryl was diagnosed with breast cancer in 2006.]

**SC:** It became the most *refining* moment of my life. It was the first time I did not go to a guitar or a computer to write it down. It was an opportunity to suffer through feelings without explaining them through songs.

**CR:** There's a song on your new album called "Now That You're Gone," which seems to be about life after Lance [Armstrong, whom Crow dated in 2005].

**SC:** It's not about a specific person. When you get out of a relationship, it's important to get to the point where you don't have strong feelings about it, bad or good. You can just kick back and be happy.

**CR:** Another song is called "Diamond Ring," but it's not about happily ever after.

**SC:** Many women think the "ring" will solidify their relationship, but sometimes the expectations are too much.

**CR:** You've been engaged three times.

**SC:** [Laughs.] I know! Next time I'll skip the diamonds and just go get married. I think instead of three's a charm, maybe four is the charm.

**CR:** Or maybe secretly you don't want to be married.

**SC:** There are definitely reasons as to why I'm not married. And I think a large part of it is due to the fact that I pick people who don't want to get married.

**CR:** Your parents have been married more than 50 years. Do you believe "happily ever after" exists?

**SC:** I love the way my life has gone, and I've had some truly great loves. I'm like Elizabeth Taylor—I believe in love.

**CR:** Whatever you're doing, it seems to be working.

**SC:** I had this clear picture of what my life was going to look like: I'm going to get married and have kids. You create your mythology, but sometimes it's based on a perception that isn't the truth about you. Having cancer made me say, "OK, what is it I want from my life?" I thought, If I want to be a mom, there are kids out there that need moms. I think you choose your family. And I did. [Crow adopted a son, Wyatt, now 11 months old, last April.]

**CR:** I believe everyone gets to write their life story.

**You're writing a great one: the rock star single mom!**

**SC:** [Laughs.] Whatever *that* means.

**CR:** Your album is also very political.

**SC:** Yes, I think this is an important time politically.

**CR:** So your album title, *Detours*, refers not just to your life but also to detours we've made as a country?

**SC:** Exactly. I feel this is the beginning of a movement toward change in this country, similar to the '60s. I want to inspire people to know that we *do* have a say. ©

Carole Radziwill is the author of *What Remains*, now available in paperback.

## LUNCH DATA

**WHERE:** Puckett's Grocery & Restaurant, Franklin, Tennessee

**WHAT THEY ATE:** Veggie burger and fries (Sheryl); veggie omelet (Carole)



As featured in People Magazine

# 2 CAREERS, 1 MARRIAGE

Before tying the knot June 25, Kidman took to Urban's low-key life in Nashville with surprising ease, but the newlyweds had just a couple weeks of nesting before he hit the road for a slew of shows starting July 13. Though they'd reunite at his gigs and in Nashville over the summer, Kidman had her own work commitments. Despite busy schedules, they've logged thousands of miles to be together as often as possible. As Kidman told reporters Oct. 13, "[When] I was divorced, I was able to explore different roads [professionally]. Now that I am happily married again, there are limits."

**SEPT. 7** Their itineraries overlap briefly in London, where Urban attends a music conference and Kidman shoots the fantasy/adventure film *The Golden Compass*. Off duty, the couple show up together at a dinner for Donatella Versace. A few days later Kidman shoots a commercial in Rome.

**SEPT. 21** Back home after tweaking his album at London's Metropolis Studios, a solo Urban surprises guests at a Nashville charity benefit by performing "Making Memories of Us"—the song he sang for Kidman at their wedding.

**SEPT. 24** Once again paired up in London, the couple groove to Van Morrison's show at Ronnie Scott's Jazz Club.

**SEPT. 29** While Kidman remains in England filming—and unveils a giant pink ribbon at Madame Tussauds in honor of Breast Cancer Awareness

Rodney Crowell saw the same glow while house hunting with the couple in Nashville: "Nicole just has such a sunny disposition, she felt like fresh air for Keith."

But as Crowell points out, "Even the most beautiful human being in the world can't do [recovery] for you. It comes down to whether he wants it for himself." While Urban is in rehab, Kidman is soldiering on with life—taking scheduled meetings in L.A., even fitting in a Pilates class on Oct. 24 in West Hollywood. Urban's friend Anastasia Brown, who was



JULY 8, NASHVILLE

Month—Urban goes to Atlanta to play two shows for fan club members.

**OCT. 2** Back in Nashville, the duo stops by Puckett's Grocery in Leiper's Fork, Tenn., to buy caps. Five days later they attend Lindsey Buckingham's concert and hold hands as they leave.

**OCT. 8** Urban joins Sheryl Crow (left) onstage at her Nashville show.

**OCT. 13** After another brief reunion in Nashville, Kidman appears in Rome to promote her film *Fur: An Imaginary Portrait of Diane Arbus*.

**OCT. 15** With her husband doing press for his new album in Tennessee, Kidman visits Kosovo as a United Nations goodwill ambassador.

**OCT. 19** Kidman is back in the U.S. with Urban as he checks into rehab; her Oct. 21 press conference for *Fur* is canceled.



OCT. 8, NASHVILLE



SEPT. 9, ROME



SEPT. 7, LONDON

his manager in the '90s during some of his most difficult years with drugs, is just one who believes Urban will not let Kidman down. "He's a strong and amazing person," says Brown, "so he's dealing with this challenge just as he does with everything in life—with grace, strength and integrity."

By Karen S. Schneider and Anne Marie Cruz. Kate Klise and Kay West in Nashville, Alanna Nash in Louisville, Ky., Cindy Dampier, Lauren Comander and Kelly Williams in Chicago, Pete Norman in London and Elizabeth Leonard in L.A.